



ESTYN & Mini Me Yoga

Meets requirements for ESTYN:

- Attitudes to keeping healthy and safe: pupils have a secure understanding of keeping healthy through what they eat and drink and physical exercise.
- Participation, enjoyment and learning, behaviour and attitudes: pupils demonstrate good behaviour in lessons and around school. Observe whether pupils are considerate and courteous and relate well to others and adults. Pupils attitudes to learning, interest in work and ability to sustain concentration and engagement.
- How children participate in decision making, including that of their topics and schemes of work. How the school make the pupils feel valued, how pupils take on responsibilities and play a part in the community.
- Social and Life skills: How well pupils show respect, care and concern for others. How pupils work with others to develop and improve their own learning. How the school prepares pupils for life and outside of school.
- Levels of well-being: How pupils display pride and confidence in their work. Behaviour and attitudes reflect their full participation in learning and making decisions. Pupils feel safe and have positive attitudes to healthy living and eating. They enjoy physical activity.
- Flexible, responsive and innovative programmes of study resulting in a broad and balanced curriculum.
- Creating a curriculum that is innovative and creative in a positive way to enable initiatives to be taken forward to benefit all pupils. Including how well these activities enrich the learning and experiences of disadvantaged pupils.
- Considerations of extra-curricular activities and how these cohere with main stream learning.
- Education for sustainable development and global citizenship: the curriculum and extra-curricular activities help pupils to develop the knowledge, understanding, skills and values of ESDGC

- How the school contributes to global citizenship, for example, through developing an understanding of the wider world